## TREES FOR LIFE

Restoring the Caledonian Forest in the Scottish Highlands



## CONSERVATION DAYS

Upcoming dates:

September 4th and 18th October 2nd, 16th and 30th

- Tree planting
- •Tree Nursery work
- •Non-native removal
- •Fence repairs

Transport, tools and training are provided and the days are free of charge. Pick ups available from Findhorn, Forres, Nairn and Inverness.

All volunteers must be 18 or over and have a reasonable level of fitness.



Conservation Days run every other Wednesday









Contact Kirsty for more details: kirsty@treesforlife.org.uk 01309 691292